

CORK CITY PARTNERSHIP BI-MONTHLY NEWSLETTER

5-Step Programme

There are places still available on the 5-Step programme which is being delivered online. The 5-Step programme is an evidence based, non-judgemental intervention for family members of those misusing substances. The next online programme will run for five consecutive Thursday mornings, from 15th April to 13th May, from 10am to 12 noon.



This 5-Step programme is being delivered by Cork City Partnership, the Cork Counselling Services and Ballincollig Family Resource Centre.

Contact Mella at Cork City Partnership on 087 196 2022 or email mimagee@partnershipcork.ie to register to attend.

Happy Easter from Cork City Partnership

Here at CCP we continue to deliver our programmes and do our work, partially remotely and partially in person. We intend over the month of April to move back towards working from our office bases and to re-engage in person with our communities as the vaccine programme speeds up and as hopefully we return to a new normal. I would like to wish all our staff, board members and the communities we work with a very happy and safe Easter.

Brenda Cahill

CEO

CLDATF Community Representative Vacancies



Are you interested in representing your area **North West or **North East Cork City** on Cork Local Drug & Alcohol Task Force?**

Are you interested in supporting and shaping community responses to drug and alcohol misuse in a voluntary capacity?
Are you passionate about bringing community issues to the table?
Do you feel strongly about supporting young people?

***North West Cork includes:** Knocknaheeny / Hollyhill, Churchfield, Gurranaברה, Faranree, Fairhill, Shandon, Shanakiel & Blackpool

***North East Cork includes:** Mayfield, the Glen, Lotamore, Dublin Hill, Ballyvolane, Glanmire, St Patrick's Hill, Montenotte



Becoming a community rep is an opportunity to participate in change in Your Community, develop your networks, and build voluntary experience!

Please register your interest by completing and submitting an expression of interest form by **16th April 2021**

If you would like to apply for the NW Cork city vacancy contact: martindavoren@sexualhealthcentre.com
If you would like to apply for the NE Cork city vacancy contact: grainne@btcdp.ie

Supports provided for this voluntary role include:

Sitting community reps will support you and fill you in on the work of community representatives on the CLDATF and answer any questions you may have.

The CODAAP project at Cork City Partnership also provides ongoing support to all community reps.

Growing Potential Course Online

Our Growing Your Potential Course has moved online and participants have found the new format really works for them. Many women expressed how important it was to get much needed 'Me Time' and the opportunity to build new friendships and learn new skills in a supportive environment.

The course explores areas such as: Confidence Building; CV Preparation & Interview Skills; Career Coaching; Personal Presentation for the Workplace and Communication & Customer Care.

We are presently recruiting for our next course starting in the middle of April – so if you are a woman living in Cork City, not on a Job Seeker Payment, and interested in finding out more about this innovative course then please contact: Siobhan O'Neill at (021) 4302310 or (086) 1858 081 or email: soneill@partnershipcork.ie

Sharing experiences

Over the last week, Pobal and the Department of Rural and Community Development have held a series of three workshops that focused on the SICAP Response to the COVID Pandemic, to provide opportunities to discuss good practice and identify lessons for the future of the Programme. Each workshop focused on a particular theme and highlighted the adaptability of Local Development Companies over the last year. We were pleased to be asked to take part in Tuesday's workshop on the theme of combating social isolation for vulnerable target groups, by explaining how we expanded the Friendly Call service for older people, and to share the session with Fergus Horgan from the Kilkenny LEADER Partnership who spoke about the Crisis Café there.



The Dolly Parton Imagination Library



The Dolly Parton Imagination Library is a free book gifting scheme for children aged 0-5. The Cork steering group launched the pilot programme in Mahon, Knocknaheeny and Carrigtwohill during the summer of 2020 and since then we have registered nearly 700 children. Children from these areas can be registered anytime up to their fifth birthday. Age appropriate children's books arrive by post each month addressed to the individual child. Books are hand-selected by the Gold Medal Book Selection Committee. Each title is chosen to meet the growing needs of the child at pivotal stages of development. Please contact Linda Mc Kernan, Community Development Worker on 087 1962025 or email: lmckernan@partnershipcork.ie for further information.

CCP continues to work closely with all its clients during this difficult time for people.

Cork City Partnership 021 4302310
info@partnershipcork.ie



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